

# with magnets



● **FEELING GOOD:** Graham Walker wears a magnetic bracelet.

[SW300903C6]

## So sceptical but convinced now

**Graham Walker (56), a farmer at Top Farm, Stretton, near South Wingfield, explains how magnetic therapy has worked for him.**



**M**Y auntie, May Evans got me into this – and she's 91. She heard about a girl with fibromyalgia (a musculoskeletal pain and fatigue disorder), whose life had been changed by a magnetic mattress cover. She decided magnets were the thing and asked me to take her to The World of Magnets. I was the chauffeur. I had no intention of buying anything.

My auntie's always suffered with pain in her neck and she bought a bracelet, magnetic soles for her shoes and a shoulder strap. She was keen for me to have something too, so I ended up having a bracelet and water wand.

I've always had problems with my elbow, from playing tennis and throwing hay to the back of the shed. I used to have regular cortisone injections. I was convinced it wouldn't work but, two or three weeks down the line, my arms stopped aching. I've had no injections in my elbow since either. I don't know why it works. I just know that I feel better. I think the water wand is important too. At the farm, which I run with my brother, Robert Walker (60), we keep a water filter jug in the fridge with the water wand in it. We've both reaped the benefits of magnetised water. I seem to have more energy.

I've since come across a chap who uses magnets on his cows. They work for animals too. He bought some magnetic foot straps for them because he had a few lame cows and that seemed to clear the problem up.

"I'd wake up every morning in absolute agony. It used to take me 15 minutes to get up in the morning, and lifting the children was a nightmare.

"When my son, Ben, was 18 months old I put my back out lifting him out of the bath and ended up in bed for a week over Christmas."

"We were a right pair of old crocks," laughs Dee.

Debbie picks up the tale: "Mum made me a magnetic strap for my back and I wore it 24 hours a day, seven days a week. After two weeks the pain was gone.

Says Dee: "We were as green as grass. We didn't know how it worked, we just knew that it worked."

"I took the magnetic strap off my back and the pain came back again," adds Debbie. "Magnets are not a cure, they just take away the symptoms. I wear magnets all the time now," she said, brandishing a pretty beaded bracelet.

"So do I," said Dee, lifting her trouser leg to reveal her

knee and ankle straps, into which special magnets are sewn. I say special because, according to Dee and Debbie, the strength of the magnets used is of vital importance if the treatment is going to work. Many people are fooled into buying cheap alternatives.

"We have studied this in great depth to understand how and why it works," Debbie explains. "Magnets come in different strengths measured in gauss, and, to have any effect, a product must contain 1,100 gauss as a minimum.

"A bracelet on a market stall may have, say, just 500 gauss. If someone can't tell you the magnetic strength of the products they are selling, just walk away."

**A**rmed with their knowledge, and personal proof that magnets did work, Dee submerged herself in the subject with an almost evangelical zeal: "I'm a nurse. I love to help people and I wanted other people to reap the benefits.

"I was already making magnetic straps for friends, just charging them for the materials, but it began to snowball, so, I said, let's start a business."

Despite their confidence in what they were selling, it was still a major wrench for them to leave steady jobs to go it alone in March this year. A few short months down the line, they have proved that they've done the right thing. They now employ four people and, thanks, to an excellent website, are winning orders from all over the country. They've also been welcomed with open arms by organisations like Arthritis Care, which are happy to offer sufferers any potential opportunity to alleviate their misery.

"I give a lot of talks," Dee explains. "I'm happy to go into nursing homes or meet interested groups and talk to people who suffer with bad backs, arthritis and or elbow."

Debbie says: "We are trying to raise awareness and make people realise that magnets could work for them."

● **To find our more, see [www.worldofmagnets.co.uk](http://www.worldofmagnets.co.uk) or call 01773 831806.**

## and could you benefit?

your health, according to World of Magnets as magnetised water can boost circulation and energy levels. All water is magnetised at source but the magnetism is destroyed during water treatment. Place a magnetic water wand (£11.75) in water for 15 minutes to magnetise.

### Who shouldn't use magnets?

People with a heart pacemaker, an internal insulin pump or pregnant women.



● **HEALTH AID:** A magnetic bracelet.